

STANLEY BULLETIN

Friday 5th September 2025

Success for all



A very warm welcome to the new school year! We hope that your children are settling in to their new daily routines and that any start of term niggles have been resolved. If there is anything that we can support you with, please contact us at school and we will be happy to help.

The Year Leader and Pastoral Lead structure for each year is below. Should you have any questions relating to your child, please contact their Form Tutor in the first instance, or their Pastoral or Year Leader for anything of a more sensitive nature.

We hope that you are enjoying seeing our students in their different coloured ties. It was a joy to present each child with their new tie and explain what their colour represents and why it was chosen for their year group. There has been much discussion on which year has the best colour. (Answer: they are ALL as lovely as each other!!!)

We will continue to do daily and weekly checks on equipment, uniform and jewellery so please be aware of our expectations and standards. Students are given regular reminders during form time.

Please be reminded that we have a supply of stationary items available to purchase from the main office.

Please see below some important information; however, please always visit our website for all relevant and up to date information, including our school policies.

<https://stanleyhigh.co.uk/>



We have a number of students who have a serious nut allergy in school, please support us by ensuring your child does not bring any nut based products into school

Dates for your Diary

12th September

Bronze DofE Qualifer Expedition

15th September

Y11 Southport College Assembly

18th September

Open Evening 6-8pm

25th September

Y10 Information Evening and Work Experience launch

26th September

Macmillan Coffee Morning

Year Leaders

Year 7 - Miss Green

Year 8 - Miss Cregg

Year 9 - Mr Tudor

Year 10 - Miss Kent

Year 11 - Mrs Rawcliffe

Pastoral Leaders

Year 7 - Mrs Walker

Year 8 - Miss Briscoe

Year 9 - Mrs Watson

Year 10 - Miss Orme

Year 11 - Mrs Regan



STANLEY HIGH SCHOOL

OPEN EVENING

**THURSDAY 18TH
SEPTEMBER 6 - 8PM**

**COME ALONG TO VIEW
OUR FACILITIES, MEET
STUDENTS & OUR
AMAZING TEACHERS!**

**WANT TO
KNOW MORE?**

**CONTACT SCHOOL
TO BOOK A TOUR!**



**HEADTEACHER
PRESENTATIONS**

**6.30PM
7.30PM**



www.stanleyhigh.co.uk



01704 228940



enquiries@stanleyhigh.co.uk



Please be aware that we will not authorise holidays during term time.

This is in accordance with Government Guidelines. Please follow the link to view them <https://www.childrenscommissioner.gov.uk/back-into-school/resources-for-families/>

All holidays should be booked outside of term time.



If there are exceptional circumstances, please email the office via the enquiries@stanleyhigh.co.uk email.

Up to date contact information

Should you move house or change telephone numbers, please remember to let the school office know, or update this on the Arbor app.

Please do not hesitate to contact the school should you wish to discuss any changes, or need advice relating to any information you wish to have regarding your children.

If your child is part of a team, or takes part in any external activities you would like to share with us, please contact the school and let us know.

We want to be able to celebrate their successes with you and it is always a joy to hear of the wonderful things our students achieve outside of the school environment.

Social Media links

Facebook:

[CLICK HERE](#)

Instagram:

[CLICK HERE](#)

YouTube:

[CLICK HERE](#)

Stanley Directory



[CLICK HERE](#)



Pharmacy First

This service enables children and adults to get quick access to healthcare advice by walking in to a pharmacy and accessing the service (some pharmacies also offer the service remotely as a video consultation). A consultation with a pharmacist in a private consultation room will then be offered. This service takes away the potential delay of having to wait for a GP appointment and may help ensure children and staff get well and back to school as quickly as possible, potentially positively impacting attendance rates.

Stationery Items

To make life easier, we are pleased to be able to sell the following items:

Filled pencil case (black/blue/green pen, rubber, pencil, ruler and a highlighter) £1.20



Clear pencil case 50p

Pencil 10p

Pen 10p

Ruler 10p

Rubber 10p

Highlighter 20p

Scientific calculator £11.50

Please ensure you send your child with the correct money for smaller items and pencil cases and Calculators are available to purchase on ParentPay.

Term Dates 2025-2026

Please follow the link below to view the term dates for the next academic year.

Please note that following Government and Sefton guidance, no holidays will be authorised during term time.

<https://stanleyhigh.co.uk/term-dates>





10 Top Tips for Parents and Educators SUPPORTING CHILDREN GOING BACK TO SCHOOL

Returning to school after the summer holidays can be both exciting and daunting for children of all ages. Different routines, classes, schools, and academic pressures can cause anxiety or uncertainty. Parents play a vital role in easing this transition. This guide will help you support your child emotionally, mentally, and practically as they return to school.

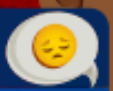
1 RE-ESTABLISH ROUTINES

Gradually shift back to school-time routines a week or two before term starts. Regular bedtimes, wake-up times, and mealtimes can help children feel more secure and reduce the shock of change when school begins. Having a routine creates predictability and stability, helping to reduce anxiety while improving sleep and concentration.



2 TALK ABOUT FEELINGS

Encourage open conversations with children about their feelings. Ask them how they feel about returning to school, such as what they're looking forward to and anything they might be feeling unsure or worried about. Validating their emotions can help reduce anxiety and show them it's okay to talk about their emotional wellbeing.



3 SUPPORT WITH SLEEP

Children need adequate sleep for concentration, brain function, memory, and emotional regulation. Establish a wind-down routine without screens at least an hour before bed, and encourage relaxing activities like reading or listening to calming music.



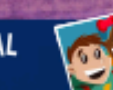
4 LOOK OUT FOR SIGNS

Some children hide their anxiety. Watch for changes in their behaviour, such as withdrawal, stomach aches, and irritability. If worries persist, speak with their teacher or the pastoral team early to ensure your child receives support.



5 REFRESH SOCIAL CONNECTIONS

Help children reconnect with school friends by arranging playdates or video chats in the week before school starts. Familiar faces and social interactions help the transition and provide emotional comfort on that first day back.



6 CREATE A CALM MORNING

Mornings set the tone for the day. Plan ahead with a consistent morning routine that allows time for breakfast, getting dressed, and talking calmly about the day. Avoid last-minute rushing to reduce stress for everyone.



7 FOCUS ON POSITIVES

Talk about the fun and interesting parts of school - seeing friends, favourite subjects, or exciting activities. One simple but powerful change parents can make is swapping "How's your day been?" for "What's been good about your day?" This invites more of a positive, open response. Focusing on positives can help shift children's anxious thoughts and reframe school as a safe and engaging place.



8 VISIT OR VISUALISE SCHOOL

If possible, encourage visits to the school grounds before the first day, especially if it's a new school. Walking the route or even looking at photos of classrooms and teachers can make the environment feel familiar. The school website is always a great go-to place for this. This is particularly helpful for younger children or those with additional needs.



9 PLAN AHEAD TOGETHER

Involve children in preparing for school - buying supplies, packing their bag, or choosing lunch options. This gives them a sense of control and builds excitement. Use checklists or calendars to prepare together, helping reduce last-minute stress.



10 STAY POSITIVE AND PRESENT

Children pick up on your outlook. Stay calm, positive, and present, especially during drop-offs. Avoid lingering goodbyes, and let them know you'll be there at pick-up. A consistent, reassuring presence builds their confidence and resilience.



Meet Our Expert

This guide was created by Jo Morton-Brown, an Emotional Health Practitioner with nearly 15 years' experience supporting children and young people's mental health. She produces uplifting YouTube content for pupils and trains adults to better support young people's wellbeing, with a mission to help every child feel valued and understand their emotions.



#WakeUpWednesday

The National College