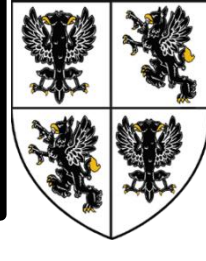


- Director
- Choreographer
- Social Media
- Dancer
- Teacher
- Performer

Further Education:
A Levels
 •Dance
 •Performing Arts
 •Choreography

Stanley High School

GCSE DANCE



LEARNING JOURNEY

Skills to Progress: Physical, Technical, Mental and Expressive

In dance we: Perform, Choreograph and Analyse



"Dancing is more than just moving body parts; it is a pathway of expressing your deepest inner thoughts."
 - Noemani Kordei

EMANCIPATION OF EXPRESSIONISM

Practical assessment Part 3:
 Released in September
 Solo Choreography

THEORY DROP DOWN: Jan-March to prepare for practical examination



A LINHA CURVA

Autumn to Winter

Practical Assessment Part 2:
 Set Dance
 Shift and Breathe

ARTIFICIAL THINGS

Practical

INFRA

Choreographing from a stimulus

Practical Assessment Part 1:
 Group Performance
 Choreographed Trio

Summer term

Winter to Spring

Dancer Diet

Safety in the studio

Common Dance Injuries

Injury Prevention

Mental Skills

Autumn to Winter

AQA GCSE Dance

Technical Skills

Expressive Skills

Physical Skills

Careers

Year 10

Students will be baselined to assess their prior experience.

KS3

Key Physical Skills: Strength, flexibility, coordination, balance, power, agility, posture, alignment, mobility, extension and isolation

External assessment done in accordance with AQA GCSE assessment Calendar.