

LUNCH MENU WEEK TWO - AUTUMN/WINTER 2022

(Ve) vegan option, *vegan option available upon request



Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
Tomato Soup	Sweetcorn Soup	Cauliflower Soup	Carrot Soup	Leek & Potato Soup
Spicy Veggie Keema Curry with Rice & Mini Naan (Ve)	Bangers & Mash (Pork or Chicken) Onion Gravy	Roast of the Day with Traditional Accompaniments	Thai Red Chicken Curry with Rice & Coriander Naan	Battered Sustainably Sourced Fish with Chips
Sweet Potato Falafel, Flat Bread, Salad & Tomato Salsa (Ve)	Veggie Sausages & Mash, Onion gravy (Ve)	Cheesy Leek & Potato Pie	Thai Red Vegetable Curry with Wholegrain Rice & Coriander Naan (Ve)	Baked Cheese, Onion & Spiced Tomato Jacket Skins
Penna Pasta with Arabbiatta Tomato Sauce & Garlic bread (Ve)	Jamaican Chicken, Rice & Peas	Sweet Chilli Chicken & Vegetable Noodles	Tuna, Salmon Pasta in a Creamy Sauce	Piri Piri Spiced Chicken Burger with Slaw
Peas, Roasted Cumin Carrots, Baked Beans, Mixed Garden Salad	Sweetcorn, Carrots, Baked Beans, Mixed Garden Salad	Roast Potatoes, Carrots, Green Cabbage, Baked Beans, Mixed Garden Salad	Sweetcorn, Garlic Green beans, Baked Beans, Mixed Garden Salad	Chipped Potatoes, Mushy Peas, Baked Beans, Mixed Garden
Hot Dessert of the Day	Hot Dessert of the Day	Hot Dessert of the Day	Hot Dessert of the Day	Hot Dessert of the Day

AVAILABLE DAILY

Filled Baked Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads.
Fresh Fruit Salad, Hot & Cold Drinks