

LUNCH MENU WEEK ONE - AUTUMN/WINTER 2022

(Ve) vegan option, *vegan option available upon request



| Green Earth Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|---|
| Pea & Mint Soup | Tomato Soup | Sweet Potato Soup | Vegetable Soup | Curried Cauliflower Soup |
| Mac n Cheese Topped with Cajun Vegetables | Shepherd's Pie Topped with Sweet Potato | Roast of the Day with Traditional Accompaniments | Chicken Balti Curry Wholegrain Rice, Naan & Onion Salad | Battered Sustainably Sourced Fish with Chips |
| Baked Smoky Veggie Tortilla* | Veggie Shepherd's Pie* | Roasted Vegetable & Lentil Loaf (Ve) | Squash & Chickpea Balti Curry, Rice, Naan & Onion Salad (Ve) | Homemade Onion Bhaji Burger & Onion Chutney (Ve) |
| Veggie Sausage & Tomato Pasta (Ve) | Bangers & Mash with Red Onion Gravy & Crispy Onions | Pesto & Spinach Pasta | BBQ Chicken & Vegetable Burrito | Margherita or Pepperoni Pizza Slice |
| Broccoli, Carrots, Baked Beans, Mixed Garden Salad | Green Cabbage, Garden Peas, Baked Beans, Mixed Garden Salad | Roast Potatoes, Carrots & Cauliflower, Baked Beans, Mixed Garden Salad | Bombay Potato, Chana Dhal, Baked Beans, Mixed Garden Salad | Chipped Potatoes, Mushy Peas, Baked Beans, Mixed Garden Salad |
| Hot Dessert of the Day | Hot Dessert of the Day | Hot Dessert of the Day | Hot Dessert of the Day | Hot Dessert of the Day |

AVAILABLE DAILY

Filled Baked Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads.
Fresh Fruit Salad, Hot & Cold Drinks